

Meal Components

A snack must include 2 of the following:

- 1 serving of milk
- 1 serving of fruits and/or vegetables
- 1 serving of grains
- 1 serving of protein

Example: Peanut Butter and Apples

A meal must include the following:

- 1 serving of milk
- 2 serving of fruits and/or vegetables
- 1 serving of grains
- 1 serving of meat or meat alternative

Example: turkey sandwich on whole wheat bread, sweet potato fries, apple slices, milk



Out of School Meals Program

Special Nutrition Program of the Arkansas Department of Human Services is in partnership with the Arkansas No Kid Hungry Campaign

**Out of School Meals:
Nutritious Meals and Snacks for Your Afterschool Program**



Learn How to Provide Reimbursable Nutritious Meals and Snacks for Your Out of School Program

Out of School Meals



During the school day if children are hungry they cannot learn. The same is true for your afterschool program. If children are hungry at

your educational and/or enrichment program, they will not be getting the most out of the activities you have carefully planned for them. The out of school meals component of the Child and Adult Care Food Program (CACFP) offers reimbursements to Out of School programs that serve a nutritious meal or snack to children.

Requirements to Become a Sponsor

- Program must offer educational and/or enrichment activities
- Building must meet licensing requirement (if applicable), health, or safety codes that are required by state or local law.
- Program must operate during out of school hours: afterschool hours, weekends and/or holidays

Reimbursable Meals

- Served to children 5 to 18 years of age
- Meet USDA Guidelines
- Served at sites located in areas where 50% or more students are eligible for free or reduced lunch

Benefits

- Feed hungry children and teens nutritious snacks and meals
- Provide students a safe place when school is out and organized activities that reinforce what they are learning in school
- Save money on food so your organization can provide additional programming



Reimbursement Rates

CACFP provides reimbursements for meals/snacks served.

- Snack \$.76
- Supper \$2.77*

An afterschool program serving 50 children snacks could receive an estimated \$760 a month through the Out of the School Meal program.

Okay I want to Provide Meals, what do I need to do next?

- Fill out an application
- Attend a mandatory training
- Keep production records for your food program
- Maintain sign-in sheets

To get more information about Out of School Meals visit

<https://dhs.arkansas.gov/dccece/snp>

You can also call 501-682-8869

*For supper \$.2225 is added if cash-in-lieu of commodity is requested.