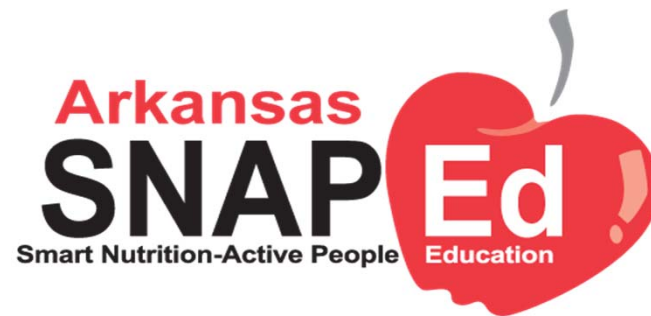




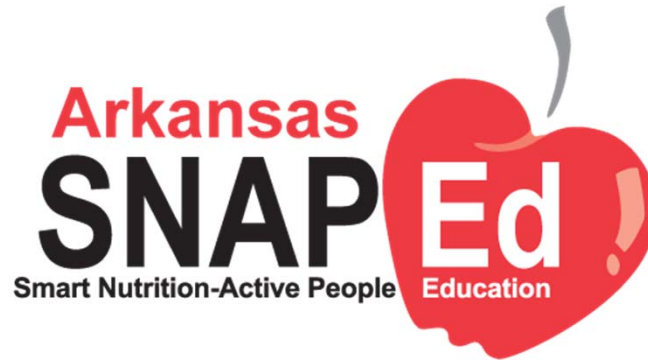
Supplemental Nutrition Assistance Program – Education (SNAP-Ed)





University of Arkansas Cooperative Extension Service (UACES)

- Mission: To provide research-based information through non-formal education to help Arkansans improve their economic well-being and the quality of their lives.
- Extension has a long history of providing food and nutrition education to limited resource audiences.



- Partnership between the UACES, Arkansas Department of Human Services, and the USDA Food and Nutrition Service
- Provides education to improve the likelihood that SNAP recipients and those eligible will make healthy food choices and choose active lifestyles



SNAP-Ed helps participants

- Buy and prepare healthful meals and snacks
- Become more physically active
- Improve safe handling, preparation, and storage of food
- Develop spending plans to make food dollars last throughout the month



SNAP-Ed delivers nutrition education in 75 counties

- DHS
- WIC clinics
- Head Starts
- Senior citizen centers
- Farmer's markets
- Food banks
- Public schools where 50% or more of students are eligible for free or reduced-priced lunch



SNAP-Ed School-based Programs FY11

- 58 counties worked with schools
- 153 schools
- 26 pre-schools
- Over 33,000 youth reached!



Results

Over 7,000 youth evaluated

- 77% said they intend to adopt one or more healthy food/nutrition practice
- 44% said they made one or more healthy food/nutrition practice
- 51% eat more fruit
- 48% eat more vegetables



Results

- 38% eat more whole grains
- 44% eat /drink more low-fat dairy
- 44% increased physical activity
- 74% practice desirable personal hygiene





Reaching Parents...

SNAP-Ed Parent Survey

- Conducted in 16 counties in 2011
- 2,546 surveys





SNAP-Ed Parent Survey Results

- 80% of parents reported that their child had spoken to them about healthy food and/or snacks
- 74% reported that their child asked for more/different fruits, vegetables, milk or yogurt
- 67% reported their child talked about being more active



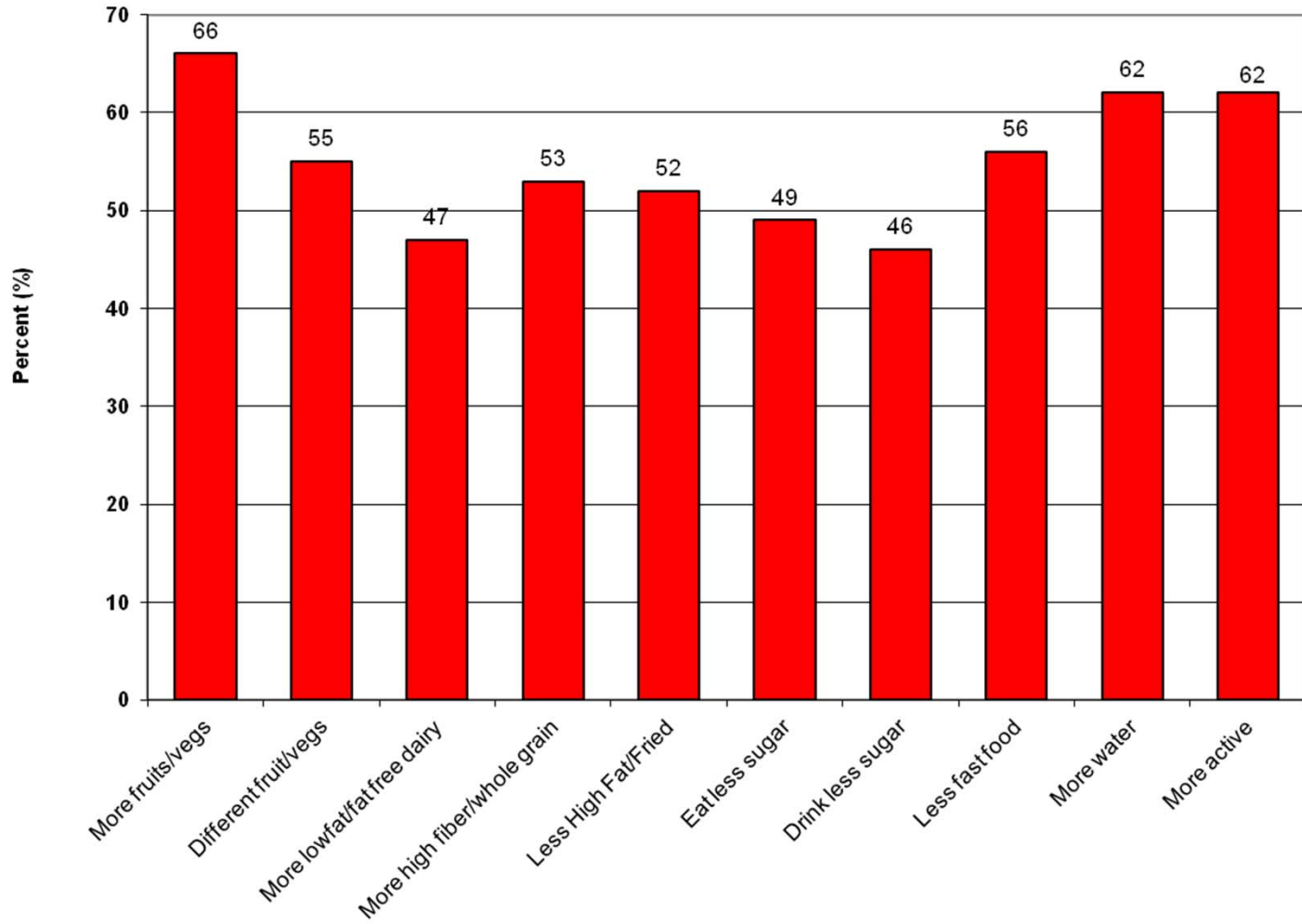
Parent Survey Results

- 64% reported making changes in their family's eating/or being more active as a result of what their child learned





Parent Survey Results





What kids are saying about SNAP-Ed...

- “I’m going to make sure I eat breakfast every day.”
- “I have asked my mom to buy more fruit.”
- “I told my mom we can’t have ice cream every night.”
- “I didn’t know nutrition was this much fun!”



What teachers are saying about SNAP-Ed...

- “Kids aren’t just eating their fries and throwing away the fruit at lunch anymore.”
- “SNAP-Ed helps provide students with information they probably wouldn’t get otherwise.”
- “The kids loved the program...keep up the good work!”





Thank you!

